



INFO KIT

National Day 15th February

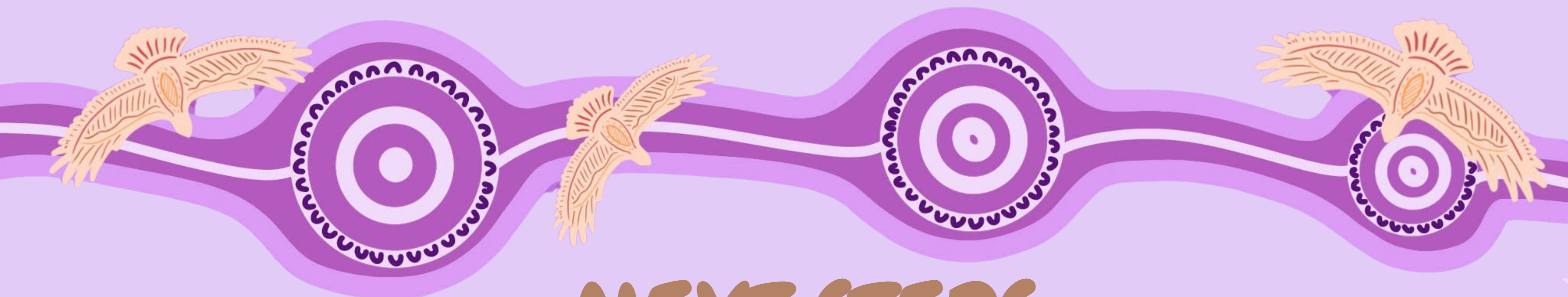
Our Vision: Take Back the Track's vision is for women and gender diverse runners to feel less alone, validated, and a sense of belonging and safety when running.

National Take Back the Track Day is a day to raise awareness on the unacceptable harassment and violence towards women and gender diverse runners. It is also a day to celebrate why women and gender diverse people love running so much and the reasons why it is worthy of being protected.

Get involved

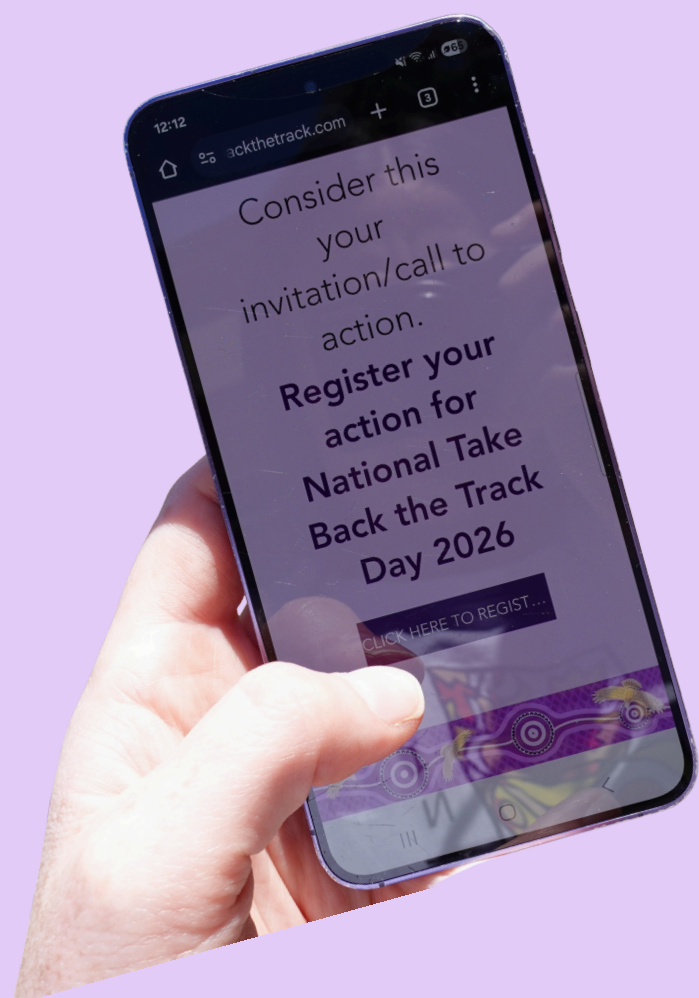
- Organise a Take Back The Track gathering or run in your community.
- Dedicate your run to Take Back The Track on Sunday, 15 February.
- Share the Take Back The Track message with your networks.
- Turn Strava purple and share Take Back The Track content.
- Purchase a t-shirt and post a photo with the #takebackthetrack





NEXT STEPS

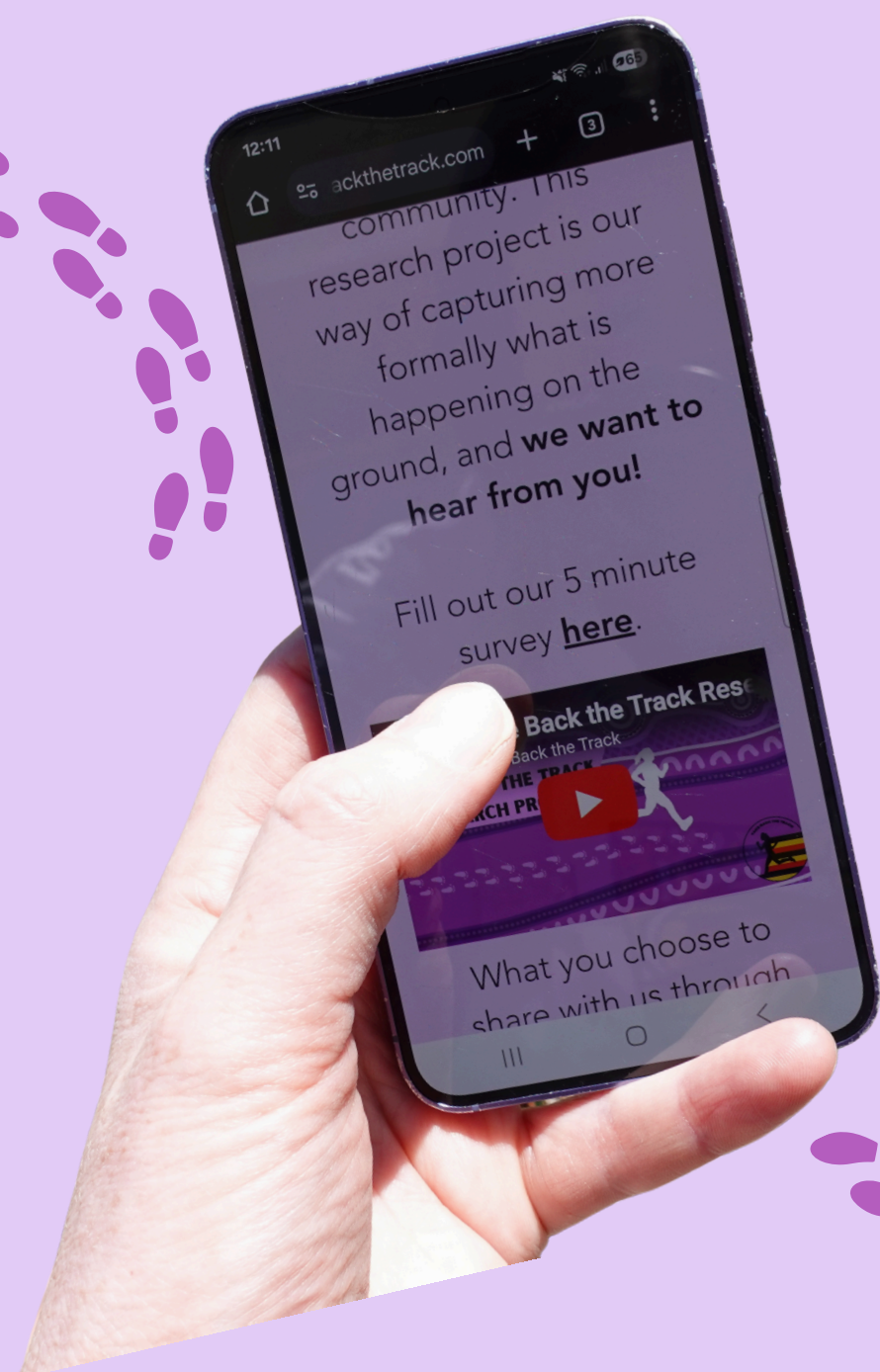
Register your event or run



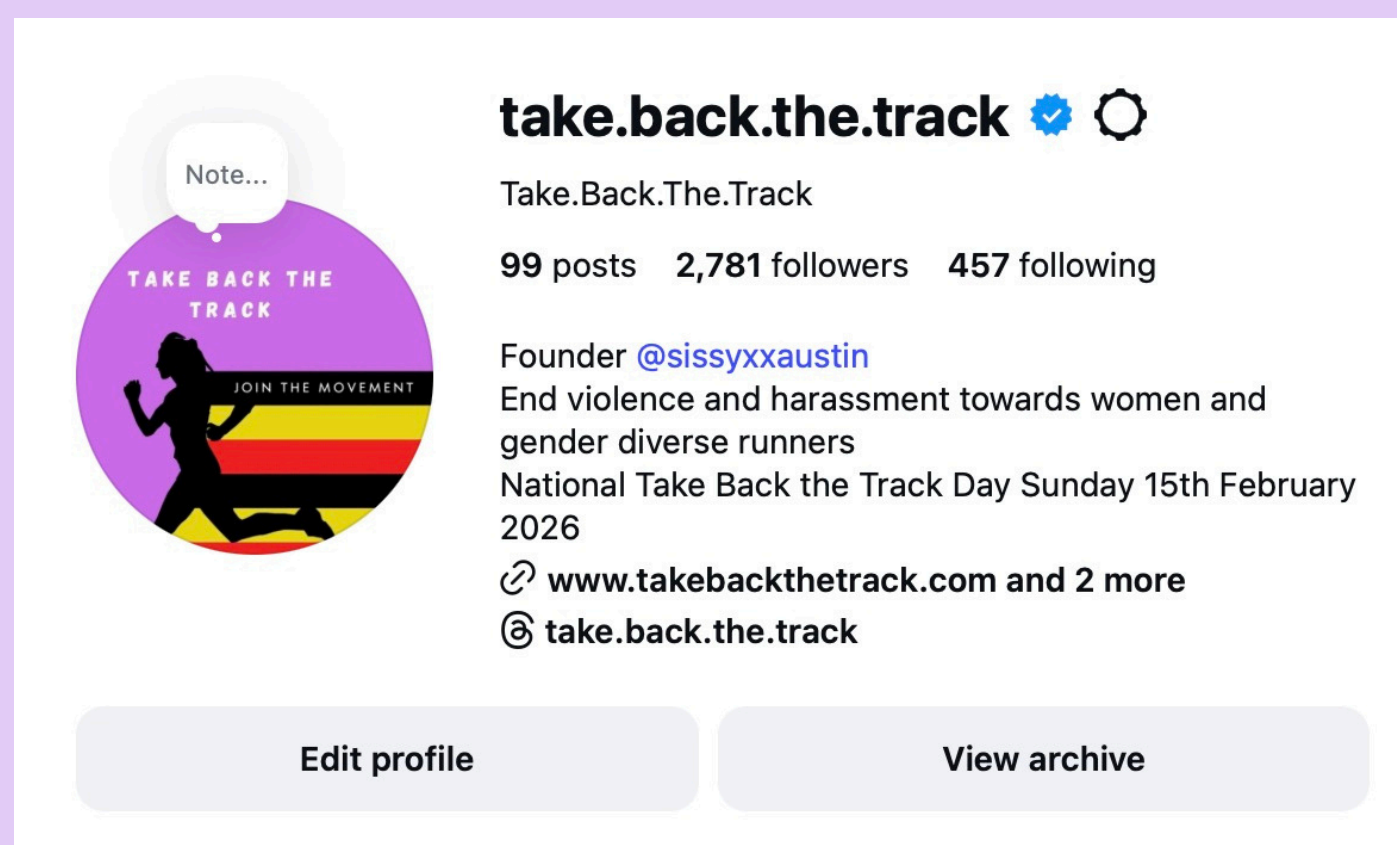
Purchase a limited edition TBTT T-Shirt!



Take part in our research project



Connect with us on socials



#takebackthetrack



Message from Sissy

What an honour it is to be the Founder of Take Back the Track the movement, as we journey into our second National Take Back the Track Day. Take Back the Track was born from a pure love of running and an acknowledgment of how worthy it is of being protected from gender-based violence.

Take Back the Track is growing, it is a movement that is demanding the belonging of women and gender-diverse members of the running community, on bush tracks, city streets, at sunrise and sunset, without experiencing (or the fear of) violence or harassment.

Thank you so much for supporting the movement, I am so excited for National Take Back the Track Day 2026.

I am excited to see everyone across the country in our purple t-shirts and equally excited to learn more about the experience of women and gender-diverse runners' through our research project.

I am a runner and a survivor of a running attack, please know that **you're not alone**, we are rising, healing and running together.

